

Stop punishing and start connecting!

Cooperative and Connected is a revolutionary book for parents of children from two to eight. Based on research in the fields of child development and neurophysiology, this approach will show you how to prevent power struggles and create a lifelong, loving connection with your children. You will learn how to help them grow up to be cooperative, compassionate, competent, nonviolent, and drug free.

This book will teach you how to:

- Understand your children's emotions
- Help your children conquer fears
- Provide a stimulating learning environment
- Connect with your children through play
- Set limits without punishments or rewards
- Deal creatively with sibling rivalry
- Avoid conflicts over food

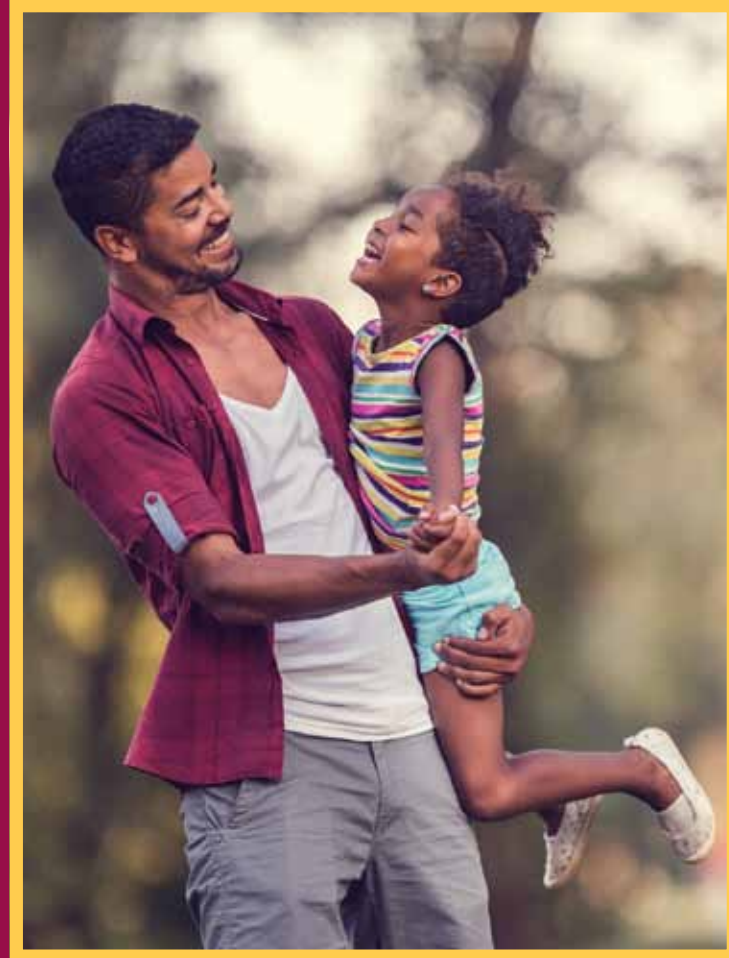
Aletha Solter is a Swiss/American developmental psychologist living in Southern California. She studied with Dr. Jean Piaget in Geneva, Switzerland, where she earned a Master's Degree in human biology. She holds a Ph.D. in psychology from the University of California. Dr. Solter is the founder of the Aware Parenting Institute (www.awareparenting.com) and is recognized internationally as an expert on attachment, trauma, and non-punitive discipline. Her five parenting books have been translated into many languages.



\$15.95

Aletha J. Solter

Cooperative and Connected



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Helping children flourish without punishments or rewards

Aletha J. Solter, Ph.D.