

Has your child been traumatized by an accident, a medical procedure, a separation from you, a natural disaster, or another frightening experience?

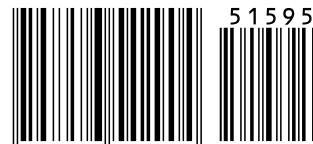
Do you wonder how to help?

Based on research in the neurobiology of trauma, *Healing Your Traumatized Child* explains the basic principles of emotional recovery in children from birth to age twelve. This innovative approach will teach you to:

- Identify your child's symptoms of trauma
- Facilitate your child's innate healing mechanisms
- Use the therapeutic power of play
- Understand why crying is beneficial
- Solve behavior problems caused by trauma
- Help your child regain confidence and joy

Aletha Solter is a Swiss/American developmental psychologist living in Southern California. She studied with Dr. Jean Piaget in Geneva, Switzerland, where she earned a Master's Degree in human biology. She holds a Ph.D. in psychology from the University of California. Dr. Solter is the founder of the Aware Parenting Institute (www.awareparenting.com) and is recognized internationally as an expert on attachment, trauma, and non-punitive discipline. Her parenting books have been translated into many languages.

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Healing Your Traumatized Child



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A parent's guide to children's natural recovery processes

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