

Parent/child play sessions

Facilitated by Aletha Solter, Ph.D.
author of *Attachment Play*

Fee: \$130

A parent/child play sessions lasts about an hour.
The fee includes a half-hour follow-up
telephone consultation a few days later.



Aletha has developed unique forms of parent/child play (attachment play) which can help resolve behavior problems while also enhancing bonding and emotional development. She uses a variety of toys and activities that children love. Through her coaching, you will learn how to reduce aggressive behavior, increase your child's willingness to cooperate, and help your child overcome fears. If you wish to bring your child for a parent/child play session, please schedule a preliminary consultation without your child. After that first session, Aletha will design a parent/child play session that best meets the needs of your family. Please allow up to one-and-a-half hours for a play session, because the exact ending time is flexible.

Aletha is a Swiss-American developmental psychologist, founder of the Aware Parenting Institute, and the author of five books for parents. She studied with Dr. Jean Piaget at the University of Geneva, Switzerland, where she earned a Master's degree in human biology. She also holds a PhD in psychology from the University of California. She has lectured in 17 countries and is recognized internationally as an expert on attachment, trauma, and non-punitive discipline. Her books, translated into many languages, are: *The Aware Baby*, *Helping Young Children Flourish*, *Tears and Tantrums*, *Attachment Play*, and *Raising Drug-Free Kids*.

For more information, please visit her website at www.awareparenting.com