



♥ — WORKSHOP — ♥ UNDERSTANDING BEHAVIOR PROBLEMS

LIVE
IN PRAGUE!

Evidence-based parenting that supports
cooperation, self-confidence, and joy
in family life. ♥

ALETHA SOLTER, PH.D.

Developmental psychologist,
author of seven books on
parenting and development, and
founder of Aware Parenting.

www.awareparenting.com

IN THIS WORKSHOP YOU WILL:



Discover

Discover why children act
aggressively, refuse to cooperate,
and break rules



Learn

Learn about the 3 underlying
reasons for behavior problems,
as well as the disadvantages of
punishments and rewards



Set

Set foundations for a loving,
nonpunitive approach to discipline



SATURDAY 17 OCTOBER 2026

10:00 AM – 12:00 PM



Hotel Olšanka

Táboritská 23, Prague 3
Room Liberec



INVESTMENT:

590 CZK

Includes workshop
materials

BOOKINGS & INFO:

Phone: 606 749 121



FOR PARENTS & PROFESSIONALS

For parents, teachers, and professionals working with children
from birth to 12. ♥



INTERACTIVE & PRACTICAL

Includes a short exercise, and time for your questions. ♥



EASY-TO-FOLLOW ENGLISH

With key points on slides. Q&A will be translated into Czech.
You are welcome to use a translation app on your phone. ♥



Organised by Vitruvian Coaching
We look forward to seeing you!

